



Orofacial Myology: From Basics to Habituation Certification Track: Intensive Course



28 Hour Approved Course Presented by

Sandra R. Holtzman, MS, CCC/SLP, COM
offering you courses that provide you with a learning
experience that participants have called
"Life Changing."

Offerings

2011 Dec 27 - 30 Orlando, FL

2012 Feb 17 - 20 Orlando, FL
Mar 22 - 25 Orlando, FL

May 03 - 06 Orlando, FL

Jun 27 - 30 Orlando, FL

Aug 02 - 05 Orlando, FL

Oct 04 - 07 Orlando, FL

Dec 27 - 30 Orlando, FL

*Additional offerings, various dates at our
Orlando Training Center*

Neo-Health Services, Inc.
www.OrofacialMyology.com
www.OrofacialMyology.info

Sholtzman@OrofacialMyology.com

Info@NeoHealthServices.com

(321) 352 - 7411 - (954) 461 - 1114

Presenter

Sandra R. Holtzman, MS, CCC/SLP, COM
is author of "The Myo Manual," **Orofacial Myology: From Basics to Habituation**. She is a Certified Orofacial Myologist and has been a practicing Speech-Language Pathologist for over 35 years. Sandra was the owner and director of a large multidisciplinary therapy center, sits on both the Board of Directors and the Board of Examiners of the International Association of Orofacial Myology (IAOM), and presents workshops throughout the United States. She is also a member of the Florida Speaker's Association and she delights participants with her warm, approachable presentation style.

Course

Affectionately called "Holtzman's Boot Camp" by past attendees, this course was developed to provide in-depth training for professional growth. It provides hands-on training for evaluation, diagnosis and treatment of orofacial disorders, structures and musculature associated with speech disorders and orthodontic concerns. It is also approved for those interested in entering the IAOM certification process (C.O.M). Problem-solving assignments and interesting challenges are interwoven into this unique experience. Weak lips, mouth-breathing, poor suctioning skills, difficulty forming an acceptable bolus, digit sucking habits, enlarged tonsils and adenoids, tongue-tie (ankyloglossia), Oral Prep stage of the swallow, "tongue thrust," drooling, and other conditions are investigated in this course.

Course Outline

DAY 1

- 8:00 - 8:30 Introduction, Course Overview
- 8:30 - 9:30 Pre-Course Assessments
- 9:30 - 10:15 Scope, Certification Process
- 10:15 - 10:30 Break, snacks
- 10:30 - 12:30 Basic Anatomy & Physiology
- 12:30 - 1:30 Lunch on your own
- 1:30 - 2:30 Update on Orofacial Myology
- 2:30 - 3:30 TMD Symptoms, Tonsils & Adenoids Dentition, Orthodontic Phases, Appliances
- 3:30 - 3:45 Break, snacks
- 3:45 - 5:00 Case Hx, Infection Control, Oral Exam (hands-on experience) ; techniques to assess all pertinent structures and functions

DAY 2

- 8:00 - 9:30 Tongue-tie/Ankyloglossia: assessments & decision-making, surgery, insurance, videos
- 9:30 - 10:15 Thumb Sucking Elimination
- 10:15-10:30 Break, snacks
- 10:30 - 12:30 Myo Manual: Phase One Treatment (hands-on experience) including Lingual Basic skills suctioning; Lips, Masseter, Mentalis, other
- 12:30 - 1:30 Lunch on your own
- 1:30 - 3:30 Myo Manual Phase One, cont.
- 3:30-3:45 Break
- 3:45 - 5:00 Phase Two: Swallowing Mechanics

DAY 3

- 9:00 - 11:30 Myo Manual Phase Two cont.
- 11:30 - 11:45 Break
- 11:45 - 12:30 Phase Three: Integration into Lifestyle
- 12:30 - 1:30 Lunch on your own
- 1:30 - 2:30 Q & A
- 2:30 - 2:45 Break
- 2:45 - 4:00 Phase Three, cont.
- 4:00 - 5:00 Videos: Syndromes & various conditions

DAY 4

- 9:00 - 10:00 Speech Considerations: When? How?
- 10:00 - 11:30 Lips and caution on methods used; How to Individualize; selecting from Myo Manual
- 11:30 - 12:30 Challenges, group assignments
- 12:30 - 3:30 Working Lunch; Practice food and liquid exercises of Myo Manual; Office forms, Referral forms, Sample Brochures , Collect post tests Certificates and Conclusion