Hello to all of you readers from around the globe. We have been busier than usual, preparing for the upcoming IAOM convention here in Orlando. Many of you have said you will be attending the convention and have promised to track me down and say “hello” and some of you have offered to help out…..beware because I might take you up on it!

Orofacial Myology is on an upward surge! We have participants scheduled to attend our remaining 2015 courses who are coming from as far away as Israel, Taiwan, and points in between. Although the practice of Orofacial Myology differs in some ways from country to country or region to region, we are a “melting pot” of ideas, treatment methods, and research priorities. We are now respecting and understanding much better the various scopes of practice within our specialty areas. We know who is best to assess and treat conditions that are on the periphery of orofacial myology such as sleep apnea, TMD, speech articulation errors, correct breathing patterns, and unusual oral habits. We are involving other specialists in the evaluation process to maximize the chance of success for our patients and clients.

This edition contains articles to further educate you, challenge you, and inspire you. Please know that we very much welcome your feedback and the willingness of many of you to contribute articles.

Have a lovely season, wherever you are in the world…….

Hello to all of you readers from around the globe. We have been busier than usual, preparing for the upcoming IAOM convention here in Orlando. Many of you have said you will be attending the convention and have promised to track me down and say “hello” and some of you have offered to help out…..beware because I might take you up on it!

Orofacial Myology is on an upward surge! We have participants scheduled to attend our remaining 2015 courses who are coming from as far away as Israel, Taiwan, and points in between. Although the practice of Orofacial Myology differs in some ways from country to country or region to region, we are a “melting pot” of ideas, treatment methods, and research priorities. We are now respecting and understanding much better the various scopes of practice within our specialty areas. We know who is best to assess and treat conditions that are on the periphery of orofacial myology such as sleep apnea, TMD, speech articulation errors, correct breathing patterns, and unusual oral habits. We are involving other specialists in the evaluation process to maximize the chance of success for our patients and clients.

This edition contains articles to further educate you, challenge you, and inspire you. Please know that we very much welcome your feedback and the willingness of many of you to contribute articles.

Have a lovely season, wherever you are in the world…….

Hello to all of you readers from around the globe. We have been busier than usual, preparing for the upcoming IAOM convention here in Orlando. Many of you have said you will be attending the convention and have promised to track me down and say “hello” and some of you have offered to help out…..beware because I might take you up on it!

Orofacial Myology is on an upward surge! We have participants scheduled to attend our remaining 2015 courses who are coming from as far away as Israel, Taiwan, and points in between. Although the practice of Orofacial Myology differs in some ways from country to country or region to region, we are a “melting pot” of ideas, treatment methods, and research priorities. We are now respecting and understanding much better the various scopes of practice within our specialty areas. We know who is best to assess and treat conditions that are on the periphery of orofacial myology such as sleep apnea, TMD, speech articulation errors, correct breathing patterns, and unusual oral habits. We are involving other specialists in the evaluation process to maximize the chance of success for our patients and clients.

This edition contains articles to further educate you, challenge you, and inspire you. Please know that we very much welcome your feedback and the willingness of many of you to contribute articles.

Have a lovely season, wherever you are in the world…….
Protrusion of the tongue is normally seen in infants and can persist for many years past infancy as a habit pattern. Since the tongue is the most adaptable component of the respiratory tract, it is the logical place for adaptations to occur to maintain an open airway for breathing. A forward rest posture of the tongue may suggest a small size of the nasal cavity, the posterior airway, or the oral isthmus that would cause the tongue to adapt by assuming a forward rest posture. Where there is a concern about a protrusive rest posture of the tongue, an evaluation of the airway is indicated. Tonsils and adenoids are present shortly after birth and can enlarge faster than surrounding structures of the pharynx. If the developing adenoids are enlarged and block the posterior entrance into the nose (the posterior choanae), or if enlarged faucial tonsils significantly constrict the oral isthmus and compete for the same space as the posterior tongue, any of these scenarios can account for the tongue having to adapt to maintain the airway by protruding forward at rest and in various functions.

If the protruded tongue rest posture does not resolve spontaneously to a more appropriate retracted rest position as the oral cavity and pharynx enlarge and as oral functions mature further, therapy can be provided to normalize the rest posture of the tongue. This will depend on whether the airway is open enough to accept retracting the tongue into a more normal rest position.

The key to determining whether therapy is needed to reposition a protruded tongue posture is a thorough assessment of the oral isthmus area and the posterior airway. An ENT evaluation can provide the information needed about whether the forward resting tongue posture can be changed or whether the patient needs to maintain this rest posture until whatever airway interferences that are present have been resolved.

Dr. Bob
Robert M. Mason, DMD, PhD
Speech-Language Pathologist, ASHA Fellow
Emeritus Professor of Surgery,
Former Chief of Orthodontics Division of Plastic and Reconstructive Surgery Department of Surgery Duke University Medical Center
Past President, American Cleft Palate Craniofacial Association

Click here to find more articles of Dr. Mason
http://orofacialmyology.com/Mason.html

Do you have a copy of the leading current text on Orofacial Myology?

Orofacial Myology: International Perspectives 2nd Edition
by Marvin L. Hanson (Author), Robert M. Mason (Author)

The purpose of this new edition is to bring to readers in dental, speech, and oral myofunctional professions the most up-to-date awareness of what has happened, and is happening, in the field of orofacial myology throughout the world. In this volume, the information is intended for basic and intermediate levels.
Related News

International Association of Orofacial Myology

IAOM Annual Convention 2015 Program

FRIDAY OCTOBER 2
7:00 am  Registration (All Day) / Breakfast/Posters/Vendors
7:30 – 7:45 am  Welcome from Convention Chair Anita Weinfield
7:45 – 8:00 am  Welcoming Remarks: President Shari Green, AAS. RDH (ret.), BA
8:00 – 8:30 am  Dr. and Mrs. Osamu Takahashi DDS, COM & Miyako Takahashi, RDH, COM  Effective Cooperation of Orthodontics and OM
8:30 – 10:30 am Dr. Alison Hazelbaker, Ph.D, IBCLC, FILCA Tongue Tie a Journey from Past to Present: To Clip or not to Clip (Part 1)
10:30 – 10:45 am Break/Posters/Vendors
10:45 – 12:00 pm Dr. Alison Hazelbaker, Ph.D, IBCLC, FILCA Tongue Tie a Journey from Past to Present: To Clip or not to Clip (Part 2)
12:00 – 12:55 pm Lunch on your own or Lunch and Learn with Naurine Shah, RDA II, COM, BDS  Let Your Photos Speak for You (Part 1)
1:00 – 3:00 pm Shari Green, AAS., RDH (Ret.), BA, COM.  The Thumb Class is Now in Session
3:00 – 3:15 pm Break/Posters/Vendors
3:15 – 4:10 pm Dr. Fumiyo Tamura D.D.S., Ph.D. Dentistry in Japan
4:15 – 6:15 pm Howard Green, B. Mus., M.S.I.S., PMP  Interrelationship of Wind Instrument Technic/Technique, Orthodontic Treatment, & OM
6:15 – 8:00 pm Break
8:00 – 8:45 pm Poster Viewing
8:45 – 9:00 pm Poster awards presented by Barbara Erskine
9:00 – 11:00 pm President’s Reception

SATURDAY OCTOBER 3
7:00 am  Registration (All Day)  Posters & Vendors
7:30 – 8:00 am  Presentation Honoring Bill (William) Zickefoose, IAOM Founding Member, comments by Julie Zickefoose.
8:00 – 10:30 am Dr. Kevin Boyd, DDS, M.Sc. Airway Disaster Prevention: How Combined Dentofacial Orthopedics and Orofacial Myofunctional Therapy in Early Childhood Can Decrease Risk for Obstructive Sleep Apnea, ADD/ADHD and Childhood Obesity
10:30 – 10:45 am Break/Posters/Vendors
10:45 – 12:00 pm Dr. Kevin Boyd, DDS, M.Sc. Airway Disaster Prevention cont.
12:00 – 12:15 pm Break/Posters/Vendors
12:15 – 1:30 pm Dr. Kevin Boyd, DDS, M.Sc. Luncheon presentation Sleep Hygiene and Airway Risk Assessment for Dummies
1:30 – 3:30 pm Mable Sharp, PT, MS, CST, LMT  Effects of Postural Musculature on Orofacial Function (The Effects of Posture on Occlusion and Speech)
3:30 – 4:00 pm Posters/Vendors / Concludes Second Day, Free Buses to Disney Parks, hospitality room open 7-10 pm

SUNDAY OCTOBER 4
7:00 – 8:00 am  Registration (7 to 12) / Breakfast / Posters & Vendors 7 to 4)
7:30 – 9:30 am  General Session Installation of 2015-2017 IAOM BOD Awards Business Meeting
9:30 – 9:45 am Break/Posters/Vendors
9:45 – 11:45 am Rossana Ramires, M.SLP., CCC-SLP, OMTS, PHS  Orofacial Myofunctional Therapy - Customizing Therapy Exercises
11:45 – 12:00 pm Break/Posters/Vendors
12:00 – 1:00 pm Lunch on your own OR Lunch & Learn with Naurine Shah, RDA II, COM, BDS  Let Your Photos Speak for You (Part 2)
1:00 – 2:00 pm Rossana Ramires M.SLP.,CCC-SLP, OMTS, PHS continuation
2:00 – 4:00 pm Kathy Winslow, RDH, COM Paula Fabbie, RDH, BS, COM Who’s on Your Team? When to Hold, When to Fold
4:00 – 4:30 pm Vendors / Convention Concludes - Concluding Remarks Mary Billings, MA, CCC-SLP, COM IAOM President

Photo Booth
Compliments of www.OrofacialMYology.com

Designed with you in mind Find yours at the IAOM Convention & at www.OrofacialMyology.com

Holiday Inn - Walt Disney World Resort, Lake Buena Vista, FL
Oct. 2-4, 2015 www.iaom.com
Convention Coordinator/Chairperson Anita Weinfield, MA.,COM
Phone: 847 827-4800
acw-860@sbcglobal.net

Buy Tickets
http://www.mydisneymeetings.com/iaom15/

Get special ticket price only for IAOM convention attendees

Designed with you in mind Find yours at the IAOM Convention & at www.OrofacialMyology.com
Everything makes sense now. I can’t believe I didn’t know about this class before. How can I correct their sounds or habits if their mouth structures have problems? Mmmm...they have seminars, a great exercise program, videos, therapy tools, a newsletter, a blog with Q & A and they teach SLPs, RDHs, and DDSs all around the world. OMG! This is exactly what I have been looking for! On their page there are more than 200 Q @ A from people like me. I wish I could do more to help my patients. This seems to be what I am looking for.... There has to be a place where I can solve all my myofunctional concerns! Certification Track Course Every thing makes sense now. I can’t believe I didn’t know about this class before. This seems to be what I am looking for....

OMG! This is exactly what I have been looking for! On their page there are more than 200 Q @ A from people like me.  

I wish I could do more to help my patients.  

How can I correct their sounds or habits if their mouth structures have problems? Mmmm...they have seminars, a great exercise program, videos, therapy tools, a newsletter, a blog with Q & A and they teach SLPs, RDHs, and DDSs all around the world. OMG! This is exactly what I have been looking for! On their page there are more than 200 Q @ A from people like me. I did it!!! It’s worth every single penny. I can’t believe how OM has enhanced my therapy. I love my Myo Manual. It’s sequential, systematic and sensible. Thank you, OrofacialMyology.com for making me a better therapist!!!

www.OrofacialMyology.com
http://orofacialmyology.com/blog/

A Place Where You Can Solve All Your Myofunctional Concerns
SEMINARS . PRODUCTS . NEWS . RESEARCH . VIDEOS . EXERCISES
Ph. 954-461-1114     Fx. 321-352-7411     301 West Par Street Orlando, Fl 32804
Outside of the “mouthbox”

I love being a COM – what about YOU??

There was a time, not too long ago, when many shied away from working toward their Certification in Orofacial Myology (COM) because of horror stories they had heard about the written exam. Having “survived” taking it myself several years ago, I can tell you that although it was much work, it was also very rewarding. I have to admit, however, that I really love the new exam format as it is more in keeping with other professional certification exams, being a mixture of multiple choice, true/false, identification, etc.

Although the time needed to complete it may be much less, the intent is the same – to research, to learn new things, to grow. As the Chair of the Board of Examiners, it has been my pleasure to receive the exams for grading and read many comments that verify and validate that the IAOM is on the right track. Comments include:

“I learned so much from it!”

“Found the experience awesome, like going on a treasure hunt for information.”

“I have actually had great fun doing this exam.”

“I did learn so much by going through this process.”

We now have two different versions of the exam and are getting great responses to them. Currently, over 30 people are working on one or the other and they have all been started within the past year. In the “old days” there were years where very few exams were even started, let alone finished. We have been averaging about 14 new COM’s per year! Sandra and I are very pleased to be able to say that many of those currently taking the exam have been our beloved grads! Way to go “Bootcamp” survivors.

We believe in the importance of continuing education and growing in this spectacular specialty area. What better way to do that than to take up the challenge of becoming certified! It outwardly shows your referral sources that you took the extra step, and inwardly there is much satisfaction and pride to be able to write COM behind your name! Believe me, you will earn it!

I hope you think about becoming a COM and please know that Sandra and I are only as far as an email or phone call away. You won’t find any bigger cheerleaders than we are…

Till next time,

Becky

“Myo-Recipes... Time to Lick your Lips”

Holidays are coming and trying to find the best recipe for your family, we found these interesting suggestions that maybe you can share with your patients. We invite you to visit the page to find out how to prepare these delicious suggestions.

FESTIVE THANKSGIVING FOODS ON A LIQUID DIET?

Q: My mother recently underwent some pretty extensive oral surgery. As a result, she can only eat soft foods. As you can imagine this gets old after about 2 days. She’s going to be on this diet for 8 weeks at least. That includes Thanksgiving. I am trying to think of a good dish I can make and bring to our family gathering for her since she won’t be able to eat a lot of the food there, including the turkey. Because of that, I’d like to be able to include something with some protein in it so it’s filling. Any suggestions?

Sent by Jamie

Editor: Jamie, how rough for your mom! Best wishes to her for a speedy recovery! As far as Thanksgiving goes, soup is obviously going to be involved, but can she also manage mashed potatoes? You could make potatoes with turkey stock for flavor and protein, for instance. Also, try these soups:

• Recipe: Sweet Potato Soup with Miso and Ginger
• Seasonal Recipe: Pumpkin Soup with Bacon

Originally published at http://www.thekitchn.com/good-questions-133-132456
Featured Graduates

Kathy Gernhard

In each edition, we highlight one or more graduates who have benefitted their patients or facilities by pursuing training in Orofacial Myology. This edition we are dedicating to two of our graduates who have made contributions that changed the competency requirements for an entire Canadian province, paving the way for so many others that will surely follow suit. Glenda Zamzow and Kathy Gerhard have helped to accomplish what can only be described as awe-inspiring. What they did in Canada will help therapists, patients, and orofacial myology as a respected professional entity.

Glenda explains, “Kathy got the ball rolling with this by writing several letters to the CRDHA (College of Registered Dental Hygienists of Alberta). Glenda spoke with the CRDHA about the IAOM certification standards in place such as concurrent maintenance of licensure as an RDH or SLP, code of ethics and continuing education. Fortunately for us Vera Horn set the precedent by being the first RDH in Canada who is a COM. The result after much consideration is that the CRDHA will only allow IAOM approved courses, and hygienists must become COM! That's a great step in the right direction!”

The CRDHA, College of Registered Dental Hygienists of Alberta, (formerly Alberta Dental Hygiene Association) just published their current magazine with a section on “frequently asked questions” section on page 10. This column discusses their standards with regard to Orofacial Myology.

The CRDHA Continuing Competence Committee recently completed a review of course outlines, course content, and the evaluation/certification requirements and processes used by several organizations that teach orofacial myology procedures to dental hygienists and other health professionals. The Committee re-confirmed its earlier decision that only those RDHs who have completed all of the requirements established by the International Association of Orofacial Myology (IAOM) and who have received IAOM certification will be considered competent to perform orofacial myology as part of the practice of dental hygiene in Alberta. Further, following successful completion of the IAOM certification process, Alberta RDHs must comply with any code of ethics, policies, procedures, membership and continuing education requirements set out by the IAOM. Only persons who have completed the full IAOM certification process may use the designation “COM”.

The IAOM was established 40+ years ago and provides certification and continuing education for those persons seeking specialized recognition in the area of orofacial myofunctional disorders. IAOM members can achieve certification status through testing procedures and by meeting specific clinical standards. A Directory of Membership includes all professionals who ascribe to the principles of the IAOM. Those members who have achieved certification in orofacial myology (designated as COM) are also identified in the IAOM Directory. From time to time you will see courses on orofacial myofunctional disorders offered by various agencies or speakers.

You should be aware that only those courses approved by the IAOM will qualify toward IAOM certification. If the course is not listed as an approved course on the IAOM website it should be taken for “general interest only”.

Orofacial Myology: From Basics to Habituation

Certification Track: Intensive Course

28 Hour Approved Course presented by

Sandra R. Holtzman  Becky Ellsworth
MS, CCC/SLP,COM  RDH, BS, COM

Offering courses that provide you with a learning experience that participants have called “Life Changing”

2015 Offerings

Nov 06 – 09 Orlando, FL
Dec 21 – 24 Orlando, FL

2016 Offerings

Jan 21 - 24 San Diego,CA
Feb 18 - 21 Orlando, FL
Apr 07 - 10 Atlanta, GA
Jun 09 - 12 Vancouver, B.C.
Aug 18 - 21 Lansing, MI
Nov 03 - 06 Orlando, FL
Dec 27 - 30 Orlando, FL

Click here to register online:
www.OrofacialMyology.com
http://www.orofacialmyology.com/
Or call to 954-461-1114
Email contact:
info@OrofacialMyology.info

Orofacial Myology News is brought to you by Neo Health Services Inc., in order to keep you posted on conventions, policy, noteworthy therapists, IAOM happenings, products, interesting questions we receive, and other topics related to Orofacial Myology. This newsletter is meant to provide a connection among all of us who practice or have strong interest in this wonderful specialty area of Orofacial Myology. As a specialized group of professionals worldwide, it is important for us to maintain a strong link from nation to nation, so that we can continue to share and to grow as individuals and as a respected profession. Every effort is made by Orofacial Myology News to ensure that the information is correct. Personal views expressed on this site are solely those of the respective contributors and do not reflect those of the publishers or its agents. We reserve the right to accept or refuse submissions and edit for content and length. Content may be reproduced without consent for educational and non financial purposes only.

The article may be reached by the following link: http://www.crdha.ca/media/105182/intouchsummer2015final.pdf