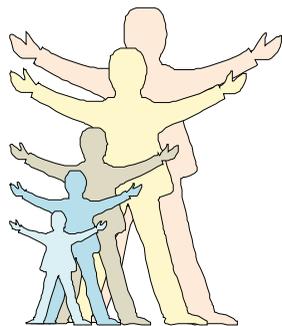


# How to Become a Qualified Orofacial Myologist



## Course

Affectionately called “Myo Boot Camp” by past attendees, this course offers in-depth training for evaluation, in-depth training for evaluation, diagnosis and treatment of Orofacial Myology disorders. Problem solving and interesting challenges are interwoven into this unique experience. Weak lips, speech disorders, mouth-breathing, poor suctioning skills, difficulty forming an acceptable bolus, digit sucking habits, airway issues, tongue tie (ankyloglossia), Oral Prep Stage of the Swallow, “tongue thrust,” drooling, and other conditions are part of this hands-on experience. The “Myo Manual” is included, giving each participant a sequential, systematic and sensible program of treatment that is used worldwide in speech, dental, and medical facilities.

## Orofacial Myology: From Basics to Habituation



28 hour Training Course

**Sandra R. Holtzman**  
MS, CCC/SLP, COM, QOM

**Becky Ellsworth,**  
RDH, BS, COM, QOM

With contributions by

**Dr. Robert Mason**  
DMD, PhD, ASHA Fellow

OFFERING COURSES THAT PROVIDE YOU WITH A LEARNING EXPERIENCE THAT PARTICIPANTS HAVE CALLED “LIFE CHANGING”

## 2019 Offerings

Feb	15-18	Training	Boca Raton, FL
Mar	28-31	Training	Raleigh, NC
Apr	26-28	Symposium	Canton, TX
Jun	06-09	Training	Minneapolis, MN
Aug	01-04	Training	Quebec, CA
Oct	24-27	Training	Boston, MA
Dec	05-08	Training	San Antonio, TX

*Additional offerings per request*

**Neo-Health Services, Inc.**  
  
[info@orofacialmyology.com](http://info@orofacialmyology.com)  
 Ph 954-461-1114

### Sandra R. Holtzman

MS, CCC/SLP, COM, QOM



Author of the Myo Manual Treatment Program, From Basics to Habituation, Sandra has been specializing in orofacial myology for most of her career. She was owner and director of a large multi-disciplinary therapy center in Florida where she further developed her program of treatment and began offering training to local dentists, orthodontists and speech pathologists. She has held positions at three universities and has delivered presentations on speech and orofacial myology related subjects at many conferences. Sandra has online courses and provides live classes and seminars throughout the United States and Canada.

### Becky Ellsworth,

AAS, RDH, BS, COM, QOM



Has been an RDH for over 30 years and has worked in both TX and MI in private dental practices. Upon moving to Michigan, she was brought on staff for the Dental Hygiene program at Kalamazoo Valley Community College (KVCC). Becky was mentored by Marge Snow, one of the trailblazers in Orofacial Myology who pioneered a full year Orofacial Myology course built into the dental hygiene curriculum. After Marge's retirement from KVCC in the 90's, Becky became, and still is, the instructor of this course. Becky also provides orofacial myology services at Kalamazoo Speech Associates. She served as Chair of the Board of Examiners of the International Association of Orofacial Myology for over seven years and she has been a Neo-Health instructor since 2013.

### Robert Mason

DMD, PhD, ASHA Fellow



Co-author of the leading text, Orofacial Myology: International Perspectives, Dr. Bob is the only known PhD speech-language pathologist/orthodontist combination in North America. Dr. Mason chaired two ASHA committees that wrote position statements and guidelines related to orofacial myofunctional disorders. Dr. Bob received his PhD in Speech Pathology from the U. of Illinois. He then served on speech pathology faculties for 10 years: Miami University (Ohio); U. of Tennessee; and U. of Kentucky (U-K). After completing dental studies at the U-K College of Dentistry, Dr. Bob obtained his orthodontic training at the U. of North Carolina. Dr. Mason served as Professor and Chief of Orthodontics in the Division of Plastic and Reconstructive Surgery at Duke University Medical Center for 20 years. He is now Emeritus Professor of Surgery at Duke Medical Center. He has published extensively in speech pathology, orofacial myology, medical and dental journals and texts, with special emphasis on OMDs and cleft/craniofacial conditions. Dr. Mason is a Past-President of the American Cleft Palate-Craniofacial Association.

## Course Outline

### DAY 1

8:00 - 8:30	Introduction, Course Overview
8:30 - 9:30	Pre-Course Assessments
9:30 - 10:15	Scope of Practice
10:15 - 10:30	Break, snacks
10:30 - 12:30	Basic Anatomy & Physiology
12:30 - 1:30	Lunch on your own
1:30 - 2:30	Update on Orofacial Myology
2:30 - 3:30	TMD Symptoms, Tonsils & Adenoids Dentition, Orthodontic Phases, Appliances
3:30 - 3:45	Break, snacks
3:45 - 5:00	Case Hx, Infection Control, Oral Exam (hands-on experience); techniques to assess all pertinent structures and functions

### DAY 2

8:00 - 9:30	Tongue-tie/Ankyloglossia: assessments & decision making, surgery, insurance, videos
9:30 - 10:15	Thumb Sucking Elimination
10:15 - 10:30	Break, snacks
10:30 - 12:30	Myo Manual: Phase One Treatment (hands-on experience) including Lingual Basic skills, Correct Suctioning; Lips, Masseter, Mentalis, other
12:30 - 1:30	Lunch on your own
1:30 - 3:30	Myo Manual Phase One, cont.
3:30 - 3:45	Break
3:45 - 5:00	Phase Two: Swallowing Mechanics

### DAY 3

9:00 - 11:30	Myo Manual Phase Two cont.
11:30 - 11:45	Break
11:45 - 12:30	Phase Three: Integration into Lifestyle
12:30 - 1:30	Lunch on your own
1:30 - 2:30	Q & A
2:30 - 2:45	Break
2:45 - 4:00	Phase Three, cont.
4:00 - 5:00	Videos: Syndromes & various conditions

### DAY 4

9:00 - 10:00	Speech Considerations: When? How?
10:00 - 10:45	Lisps and caution on methods used.
10:45 - 11:00	Break
11:00 - 12:30	How to Individualize; selecting from Myo Manual
12:30 - 1:30	Lunch
1:30 - 3:15	Myo Manual multiple uses; Online sources Referral sources, Sample office/other forms
3:15 - 3:30	Break
3:30 - 5:00	Brochures reviewed, dispensed Review, discuss and collect post tests Receive Certificates; Conclusion

## Course Objectives

Upon completion of this course, the participant will be able to do the following:

- Utilize Orofacial Myology: From Basics to Habituation (the Myo Manual) Program for oral myofunctional therapy, “tongue thrust” and other symptoms and disorders.
- Provide clients a method to eliminate sucking habits, nail biting, and other negative oral habits.
- Explain the connections upon one another of sucking habits, lisping, imprecise articulation, malocclusion, tongue-tie, poor eating skills, mouth breathing, self-esteem, and other findings.
- Explain the importance of the Oral Preparatory Phase of Swallow and be able to break it down into its various components.
- Evaluate and diagnose tongue-tie (ankyloglossia) and provide post frenectomy treatment.
- Administer an oral exam suitable for orthodontic and speech referrals.
- Describe which types of exercises to use for open lips posture, mouth breathing, digit-sucking habits, poor bolus control, drooling, post frenectomy, and other oral myofunctional symptoms.



## Testimonials

*I really need to let you know how much your course has impacted my therapy. I have used more of what I learned in your course than any course I have ever taken. It really has brought my therapy to a new level Thanks,  
Kim*

*I can't tell you enough how much your course was such a game changer! Thank you so much for all the time you and the rest of the team put into our education. It was the most thorough and clinically relevant instruction I've ever received.*

*I see so many benefits from your approaches. No one else has anything like it. It is the most useful info I have ever gotten and you are the best therapist I have ever known. I hope you will do more courses, artic courses and guides, etc.  
Brenda R.*

*I cannot say enough about the dynamic duo, Sandra and Becky. They both did an amazing job explaining concepts and answering questions. Because they keep the class size small, I felt like they were able to give me personal tips and ways to succeed.  
Chris*

*Hi Sandra,  
Your course was outstanding and a true learning experience. It was by far the best workshop I EVER attended. You and Becky are a wonderful team and it is apparent that you both are Gurus of OMT.  
Janet*

*I want to applaud you for your wonderful work in getting fact based and evidence based information out there regarding our field and scope of practice- It's so nice to see and I envy your energy!  
Pat*

*From course evaluation forms:  
You did an amazing job explaining concepts and providing feedback on all exercise tasks immediately and with patience and concern that it is completed correctly. The videos of specific cases helped solidify concepts.*

*It is hard not to bubble over with enthusiasm when you just feel more enlightened by the minute!*

*The Myo Manual program is so incredibly comprehensive, and the sequence is perfect, so I've never felt the need for any other program. I took someone else's course 2 years ago. It was very confusing and cookbook style.... Sandra's is much more comprehensive! I strongly recommend evaluating your patients with her method!*

*I took a course from another trainer not long ago, but I only learned to evaluate and was told to then treat clients with a variety of exercises. In your course you gave me a “system” to know what to do and when to do it. I am so grateful I found you and your wonderful program.*

*Everything exceeded my expectations. I liked the expertise, experience, social skills.....Sandra and Becky are REAL!!!!*

## Registration

Please note: **Class size is limited to enhance your learning experience.**

**Register soon to secure your space.**

Date of requested course: \_\_\_\_\_

Name: \_\_\_\_\_

Check credentials SLP\_\_\_ RDH\_\_\_ DDS\_\_\_  
other \_\_\_\_\_

Provide Lic # \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Phone Numbers in case you have to be contacted:

(c) \_\_\_\_\_

(h) \_\_\_\_\_

(w) \_\_\_\_\_

Amount of Payment \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_

Code \_\_\_\_\_ Expiration Date \_\_\_\_\_

\* ZIP Code related to Credit Card : \_\_\_\_\_

**Register online at:**  
**www.OrofacialMyology.com**  
**Mail, Phone or Email Registration to:**  
**Neo-Health Services, Inc.**  
308 Madres Ln, Morrisville, NC 27560  
**Phone: 954-461-1114**  
**Email: [info@OrofacialMyology.info](mailto:info@OrofacialMyology.info)**

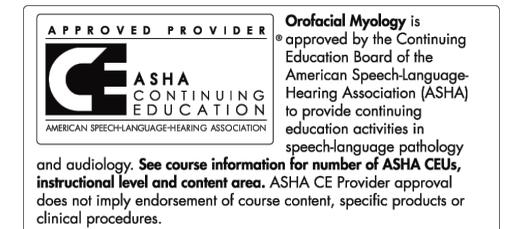
## Registration Information

Registration : \$2300 and includes the following:

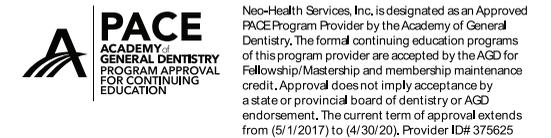
- The Myo Manual (Orofacial Myology: From Basics to Habituation)
- Start-up Supplies
- Hands-on exam and treatment materials
- Handouts, Sample Forms
- Beverages, Refreshments, and Day 4 Lunch

Cancellation Policy:

Prior to 21 days preceding first day of course as follows:  
Registration fee returned less \$219 fee, which covers cost of Myo Manual and course supplies that will be sent to registrant for their use. Merchant charges may apply.  
Any cancellation after this period will be credited for a future Neo-Health Services, Inc. course.



This course is offered for 2.8 ASHA CEUs (Intermediate level, Professional area.)



This course is offered for 28 AGD/PACE CEUs

**COURSE CONTENT DISCLOSURE FINANCIAL**

- Sandra Holtzman is the owner/director of Neo-Health Services, Inc. and the major shareholder of the company.
- Becky Ellsworth receives financial compensation from Neo-Health Services, Inc. as an instructor.
- Dr. Robert Mason receives compensation from Neo-Health Services, Inc. as a course contributor.

**NON-FINANCIAL DISCLOSURE**

- Sandra Holtzman - Non relevant non financial disclosure.
- Becky Ellsworth - Non relevant non financial disclosure.
- Dr. Robert Mason chaired two ASHA committees that wrote position statements and guidelines related to orofacial myofunctional disorders and his published works may have a direct relationship to course content.

Neo-Health Services, Inc. provides orofacial myology products, some of which are mentioned/demonstrated.