



## Frenectomies & Beyond: A Modern Approach to Laser Education that Challenges Traditional Methods Addressing Ankyloglossia and Tethered Oral Tissues

### 2-Day Participation Laser Surgery Workshop - 14 CEUs

**When:** Friday and Saturday, February 22-23, 2019  
9:00 AM - 4:00 PM

**Where:** 1009 Scenic Pkwy, Ste. J  
Chesapeake, VA 23323



Cairways LLC (Wuertz, Karen M.)  
Nationally Approved PACE Program  
Provider for FAGD/MAGD credit.  
Approval does not imply acceptance  
by Any regulatory authority or AGD  
endorsement.  
11/1/2018 to 10/31/2019.  
Provider ID# 387153

## Meet the Instructors



**Karen Wuertz**  
DDS, DABLS, FOM

Dr. Karen Wuertz is a Diplomate of the American Board of Craniofacial Dental Sleep Medicine, a Diplomate of the American Board of Laser Surgery, a Fellow in the American Academy of Craniofacial Pain and a Fellow in Orofacial Myology. Dr. Wuertz is passionate about treating and coordinating care for patients as it relates to oral restrictions, oral function, and airway management during Sleep. Dr. Wuertz maintains active dental licensures in Virginia, North Carolina, Texas, and Washington.



**Martin Kaplan**  
DMD, DABLS

Dr. Kaplan has been an early adopter of laser dentistry since 2004. He has lectured nationally and internationally, has co-authored several and was a contributing author of the unique, first of its kind, Color Atlas of Infant Tongue-Tie and Lip-Tie Laser Frenectomy. Dr. Kaplan is a Member at the American Laser Study Club, a Diplomate of the American Board of Laser Surgery (ABLS) and the director of Dental Laser Education and Development for the ABL.

## Tuition

**Doctors:** \$675    **Staff/IBCLC/OMT/SLP:** \$375  
**Residents:** \$475    **ALSC Members:** \$50 off

## Registration

**To register contact:**  
**karenwuertzdds@gmail.com**

**Introduction:** Enhance your understanding of tethered oral tissues (TOTS). Learn how to identify, diagnose and treat TOTS by a multidisciplinary team of providers.

A good surgical laser for cutting soft tissue must be able to efficiently vaporize soft tissue, while at the same time efficiently coagulating surgical margins. Not all laser wavelengths are suitable to comply with both requirements. This course focuses on the practical aspects of soft tissue laser surgery, as well as on the fundamental processes involved in the laser-tissue interaction and helps attendees learn how deep the laser beam cuts and how deep the coagulation and hemostasis extend into the surgical margins. Our **hands-on participation lab** is designed to train attendees on what surgical lasers can do safely and efficiently.

## Clinical Curriculum

- Explore the Oral Restrictive Complex (O.R.C.) and a multidisciplinary approach to care for all ages.
- Learn a proven approach to identification of Pediatric Airway, Sleep and Orofacial Mandibular Disorders.
- Explore current methods of identification of TOTS for diagnosis, treatment and management. Attendees will be able to understand consequences and benefits of using lasers to remove oral restrictions
- Discover how to create a multidisciplinary team and be able to implement proven practice management skills.
- Demonstrate a wide range of didactic and clinical tools for the use of lasers in pediatric dentistry
- Present basic knowledge about Dental lasers adhering to the established standards of education
- Instruct Dentists, Lactation Consultants, Speech and Language Therapists, and other allied health care providers to understand the efficient and safe application of laser energy in everyday practice
- Provide sound scientific basis and proven efficacy of use of lasers in Dentistry in order to ensure public safety
- Through participation in a hands-on workshop, the course attendees will learn to remove oral restrictions using soft-tissue lasers

**Laser Curriculum:** Laser Surgery and Safety Basic Knowledge Certification Curriculum for this Course has been developed by the American Laser Study Club (ALSC). The ALSC's curriculum overcomes the known limitations of many laser dentistry courses, and includes the detailed physics of soft tissue ablation and coagulation with laser and hot tip (non-laser) devices. Laser hands-on wetlab on tissue samples will include different laser wavelengths and will include laser safety instructions and demonstrations. Laser instructions will be assisted by guest speaker Peter Vitruk, PhD, MinstP, CPhyS, DABLS, a laser physicist who founded the American Laser Study Club and LightScalpel LLC.



## Agenda:

### Day 1

- 2 hour** Clinical introduction
- 2 hours** Laser didactic material
- LUNCH**
- 2 hours** Laser safety & hands-on laser technique practice on tissue samples
- 2 hours** Clinical didactic material

### Day 2

- 4 hours** Clinical didactic material
- LUNCH**
- 2 hours** Hands on laser laboratory experience
- 1 hour** Detailed clinical discussions

## Hands-On Participation Session:

- Laser Safety
- Laser Surgical Technique Simulations
- Superficial Ablation
- Superficial Coagulation
- Shallow Incision
- Deep Incisions
- Practicing Surgical Techniques on a Pig Jaw

**2 HOURS**

**Course Certificates:** Course participants, who successfully complete examination, will be awarded a **LASER SAFETY basic knowledge CERTIFICATE** from the Board of Laser Safety of the Laser Institute of America (**DISCOUNTED** cost for the ALSC members), as well as a **Laser Dentistry and Laser Surgery Basic Knowledge and Hands-On participation Wetlab CERTIFICATE** from the American Laser Study Club (**FREE** for the course participants).



**About the ALSC:** American Laser Study Club (ALSC - www.AmericanLaserStudyClub.com) was founded to promote science-based laser dentistry, surgery and safety education. The ALSC is proud of its curriculum and its distinguished membership, including our honorary members **Gordon J. Christensen, DDS, MSD, PhD** and **Rella P. Christensen, RDH, PhD**, world renowned leaders in dental product research and education, who welcomed the ALSC's mission: "Peter, we congratulate you on starting a laser study club. It is greatly needed, and you are the man to do it." Other Honorary Members of the ALSC are **Charles M. Cobb, DDS, MS, PhD**, Professor Emeritus, Department of Periodontics, School of Dentistry, University of Missouri-Kansas City; and **C. Kumar N. Patel, PhD, MS**, the Inventor of the CO<sub>2</sub> Laser; Recipient of National Medal of Science (1996); Member of US National Inventors Hall of Fame 2012; Professor Emeritus, UCLA. The ALSC is proud to have helped many dentists and surgeons.