

October 11-12, 2019

**Chesapeake Community of Hope
1009 Scenic Pkwy, suite J
Chesapeake, VA 23323**

Frenectomies and Beyond

A Modern Approach to Laser Education that Challenges Traditional Methods Addressing Ankyloglossia, Oral Restrictions, and Airway

2-Day Participation Laser Surgery Workshop - 14 CE



Ayden Cox

Licensed Massage & Bodywork Therapist

Jenifer Midili

M.A., CCC-SLP, PC

Karen Wuertz

DDS, DABLS, FOM

Peter Vitruk

PhD, MInstP, CPhys

Ayden Cox is a North Carolina based licensed massage therapist specializing in prenatal and postpartum bodywork along with infant, prenatal, postpartum and fertility craniosacral therapy. She has been practicing as a doula and childbirth educator since 2009, and a massage therapist since 2010. Ms. Cox believes in the power of the body to heal itself, and greatly value my role in helping facilitate healing.

Jenifer Midili has practiced pediatric speech therapy in private practice and INOVA Fairfax Hospital with a focus on working with children with severe feeding and speech and language language problems. She worked at Walter Reed Army Medical Center and the National Rehabilitation Hospital where she focused on Traumatic Brain Injuries in adults and children.

Dr. Karen Wuertz is a Diplomate in the American Board of Craniofacial Dental Sleep Medicine and American Board of Laser Surgery. With over 25 years of clinical experience, she is passionate when sharing her knowledge in the fields of Oral Restrictions, Orofacial Myofunctional Therapy, and Dental Sleep Medicine and Laser Therapy.

Based out of Bothel, WA, Dr. Vitruk has authored 10 patents and over 50 articles on CO2 lasers, and is a Member of The Institute of Physics, UK. In 2017, he founded the American Laser Study Club, an educational platform that helps physicians, dentists, veterinarians, and practice staff members to excel at efficient and safe application of laser energy in everyday practice.

INTRODUCTION

Ankyloglossia, Tethered Oral Tissues (TOTS), and Oral Restrictions are best identified, diagnosed and treated with a multidisciplinary team of providers. We will explore the important role of this team in growth & development, airway, feeding, and speech. Stages of speech development will be presented with early identification of oral restrictions as they impact communication, language, speech, and feeding/swallowing impairments. Orofacial myology disorders (OMDs) will be defined and cases presented that illustrate normal and abnormal oral facial structures and the development of compensatory habits that affect speech, chewing, swallowing and breathing. The benefits of Massage & Craniosacral Therapy is presented illustrating the effectiveness for newborns and babies with torticollis, tightness of oral structures, and the improvement of structural alignment for effective breastfeeding, growth & development. The importance of physiological system coordination through pregnancy, birth & delivery will be discussed. This curriculum provides an introduction to the use of Dental lasers with the ALSC curriculum detailing the physics of soft tissue ablation, cutting, & coagulation with laser and hot tip (non-laser) devices. Laser hands-on wet lab on tissue samples will include different laser wavelengths.

Hands-On Participation Session:

- Laser Regulations, Standards & Administration
- Laser Surgical Technique
- Superficial Coagulation
- Superficial Ablation
- Deep and Shallow Incisions
- Pig Jaw Surgical Simulation



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