



## OROFACIAL MYOLOGY: From Basics to Habituation

### TESTIMONIALS

**“This course was by far the best experience I have had. It was career changing as an SLP.”**



“One of the best courses I have ever been to and I actually think it was FABULOUS over zoom - a really effective way of presenting and such high-quality supports provided.”



“I have trained and taken a 28-hour course with someone else, but I want to take yours and absorb all I can! I will DEFINITELY be taking your course! I LOVE your Myo manual and I want to be part of the Neo-Health family :). You are infamous in our industry and it would be so exciting to get to train with you all :).

PS. Your Myo manual has been my Smartest and Best purchase to date! Thank you again!”

AJ



“This was life-changing! The information was not only outstanding, but the presenters were also a huge part of making this course so enjoyable and exciting! I loved **every** minute!”



“From the bottom of my heart, thank you!! Your responses to my questions remind me of quintessential points within this specialty. That there is no cookbook answer for clients, that we are not expected to be miracle workers but there is real evidence that the Myo Manual Treatment program helps and the goal is to maximize the patient.”



“Sandra thank you for an exceptional course. I am very excited to try everything out here (in India) and hopefully increase knowledge of orofacial myology here. I am thinking of contacting all the dentists, orthodontists, oral surgeons and pediatricians to start with. Am also thinking of some studies I can do! Maybe getting a bit ahead of myself, but as you can see, I am very excited.”

Ayesha M, India



“Hi Sandra! Thank you! My therapist had a great time at your training course. She is excited to hit the ground running. I have another person who may be coming on board soon You are really a gem in the field, and I will keep sending my people to you!!

Thank you-“

“Thanks again for the great course! I went home and was able to immediately start using the exercises on my patients and have already seen a dramatic change in their lingual movement and control!”



**“I spoke to a group of 50 therapists today and told them that everything I know is because of you and that they have to go for Qualification etc...and when they sign up they MUST sign up with **you**! I shared your website and explained how you are the **only** one out there that I am aware of that sets everyone up to practice day 1 when they leave the course, thanks to your 3-phase treatment program, myo manual, etc. “**



*“This has been such a great experience. I'm leaving with notes for 10+ patients for immediate implementation into their plan of care. CAN'T wait to be an official QOM!”*



“The Myo Manual’s systematic approach has given me confidence to go from beginning to end with a patient. It provides me with a plan of action and certain goals my clients need to reach at different stages in the program. It gives me a solid backbone while also giving me the chance to get creative and add my own personal touch. Before learning the myo manual, I was very overwhelmed as a therapist. I felt like I was throwing too many exercises at patients and, now looking back, asking them to do things that their muscles weren’t ready yet to do. (I took another trainer’s course one and a half year prior to Sandra and Becky’s NHS course).”



**“One of my students had his lingual frenulum released over the summer (at my recommendation and *thanks to your course*). It has been like a miracle and he is ready to be released from Tx. Anyhow, I just wanted to say “hi” and thank-you again for everything you have done for me since I attended your course!”**

**Dorit M, Israel**



“All instructors did an amazing job of teaching the material and treatment processes. There was no doubt that we were learning from the BEST!”



Not a day goes by without me using a skill I learned at your course. It was definitely worth it!”

Cecelia E, Warsaw Poland



**“The instructors and materials were very easy to follow. They kept on track and readdressed if needed. It was good that they touched on clinical and research base. I can’t think of anything I didn’t like!”**

“I am so sorry I was unable to take your class three years ago. I took another class and later took a second one. Now, I realize that I should have taken **YOUR** class. I have the Myo Manual that I bought and I very much want to come to one of your training classes. I see that all of them are filled and closed for this year. Is there a waiting list? May I call you and discuss next year’s class dates so I can be sure to rearrange my schedule if I have to? I don’t feel like I can progress until I have taken your course and know how to apply the information. Just learning theory or anatomy does not prepare me to do the actual treatment and I know from others you taught that you will be the answer to what I need. I can relate to people who feel "lost" after taking another course. I feel very much that way now, and am certain from all I have heard that your course will give me the clarity and confidence that I need to get going!



“Zohara did a great job all round!! Jamesa was fabulous as well! Sandra has put together an amazing program! Thanks Neo-Health!”



“This course really brought me full circle with pieces I was missing with myo. *I can't wait to get back and start treating patients with the knowledge I have gained from Neo-health!*”



“This was dynamic and thorough. No one wanted to leave at the end of each day!”



“Loved how friendly and excited all the instructors were to support the students (even via online platform). Positive reinforcement all the way!”



“The course is very well done in all aspects and now I really learned, unlike my last courses with others. I FINALLY found what I’ve been hoping for! Instructors explained excellently, ability to practice was amazing.”



“Thank you so much for taking the time to help me with my first Unplugging the Thumb client. I loved the class and appreciate so much how you continue to be there for your students. I will keep you posted on her progress!”



“I loved the different nuances of each instructor. Specifically: Sandra's emphasis on psychology throughout the process Zohara's intimate knowledge of the material and ability to break down difficult concepts into digestible pieces. Jamesa, Becky and Karen were also an *amazing wealth of knowledge*. Very happy!”



“Thank you for directing this client and parent to my listing on your site under Myo Therapists! She reached out today and we are emailing to decide on a time. I'm so appreciative of your support and recommendation, it means a lot to me.”

I am so grateful for the time you took with me today, patiently walking me through the four different questions I had. You are so patient and you live up to your word of always being there for us Neo-Health “grads.”



“You are so generous to allow us “grads” to attend a refresher course at such a reduced fee. I won’t forget to bring my Myo Manual with me, I promise, lol! It is so great to be able to stay in touch after our training class and not feel alone, just like you promised.”



“Great opportunities to practice the exercises virtually; great course, excellent instructors. Hands on and extremely nice people all around.”



“The guided Myo Manual will be SO valuable. I have felt in the past I didn't really know why I was having the patient do certain exercises. *I really like the structure of thinking about the patient's needs and tailoring every step of treatment to that.*”



“Sandra and Becky are my idols...unbelievable levels of knowledge, passion and professionalism!”



**“All of the instructors were well informed and really able to explain the material so it made sense.”**



**“The use of resources was awesome!”**



“I would highly recommend learning orofacial myology from Neo-Health. Sandra, Becky and Zohara are fabulous presenters.

Thank you so so much!!!”



*“It was an eye-opening, collaborative experience!”*



“I liked everything – this class was worth every single cent!”

## QOM BENEFITS

Whoo hoo!!! Awesome! I have to say I think this test is much more *practical and relevant* than the COM test.

I appreciated reviewing the Myo Manual in depth during my exam. Thank you for everything Sandra and Becky .

This gave me the opportunity to review the Myo Manual after class and I found some things I had previously missed!

This exam was just what I needed to feel confident. Thank you!

The QOM process is applicable and doable...a great way to report, analyze and reflect on the skills we have learned while using the Myo Manual! Yippie!!!

## RECENT COURSE PARTICIPANT COMMENTS

- Answered questions throughout the course. Provided lots of attention to all students and gave positive feedback. Sandra spent her entire lunch on the third day to answer personal questions and assess a student's child via zoom. They supported us during our breakout sessions with our partners. It was very valuable. All three instructors were so engaged and attentive to us.
- The course was incredible. I have learned so much. Gained so much understanding of what Orofacial Myology is, how to assess and treat patients with orofacial Myofunctional disorders. I felt so supported in the process of this intense training. The atmosphere was so pleasant. Presenters are so knowledgeable.
- I am so grateful for having taken this course. I feel ready to help my clients on a new level.
- Very thorough material with color photographs. The step-by-step instructions for myo assessment and Videos for treatment Exercises will be helpful for me following the course.
- I'm so excited with all of the new information I learned over the past three days and can't wait to apply it in my practice to help myo patients.
- Good instruction, material was concise and well organized. Impressed with Zohara's technology skills! Everyone was timely with designated breaks and lunch. Pleased we had three great instructors!
- Instructors followed the presentation in a clear sequential order. Answered questions. We're supportive in clarifying information when I didn't understand some of the information.
- I gained so much knowledge and clear understanding of Orofacial Myology. I understand assessment and treatment and the rationale for treating OMD.
- Love the exercise tools and content in the treatment manual. Appreciate the color photographs, binding, and clear plastic folder to protect my material.
- All presenters were amazing, knowledgeable. Materials were clear, easy to follow.